

Avoid Imaginary Expectations

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Abstract: *Over when we look around us. We see that the majority of People are given to imaginary expectations. An imaginary expectation indicates greed, inefficiency, ignorance of the providence of Nature and undeveloped intellect. Imaginary expectations are the result of unchecked ego.*

When the knowledge of man does not get the opportunity to develop in the right direction towards goal, it get diverted from that goal to the material world. The people want others to give them something they want, behave in certain way, do certain things. etc., . In fact, everyone wants to control the lives of everyone else. They forget that everyone has his own right of thinking, desiring, acting and living. It is only by one's own ego and habit that he can control others. It is not possible.

We must not forget that according to law of nature. We will receive the appropriate results in time. Quality and quantity for whatever we have done and doing now. We must do everything from our own stock and derive satisfaction. We must remember that truth exists and functions as consciousness in every person. When we render some help and make happy somebody, we are indirectly worshipping and pleasing the almighty in its living aspect of consciousness.

Keywords: *Imaginary Expectation, Problems, Situation & Consciousness*

INTRODUCTION:

Imaginary expectation indicates greed, inefficiency, undeveloped intellect, and ignorance of the providence of Nature. Almost all imaginary expectations lead to disappointment. Disappointment leads to worry, sorrow, depression and conflict with others. Imaginary expectations are the result of unchecked ego. Ego manifests itself into two psychic moods aggression and possessiveness. Greed for power is aggression, and greed for wealth is possessiveness. Potentially, the sixth sense has a natural force to expand knowledge.

IMAGINARY EXPECTATIONS:

Man easily falls prey to his own habits . They make him feel that his actions are justified

even though they are sinful. In the practice of Simplified Kundalini Yoga and karma yoga, the practitioner should always keep his inner eye open and perform only creative, beneficial and moral deeds.

When we look around us, we see that majority of people are given to imaginary expectations. They want others to give them something, behave in certain way, do certain things, etc. In fact, everyone wants to control the lives of everyone else. They forget that everyone has his own right of thinking, desiring, acting and living. It is only by one's own ego and habit that one imagines that he can control others. It is not possible.

Effect of imaginary expectation:

There is more than one ego in the world. Others have their quota of that commodity and one cannot realistically expect them to renounce it all the time and in all aspects of life. Even if one does at times subdue his or her ego to the other, the humiliation of that experience can only breed hatred in the mind of the individual, and that could lead to desire for vengeance. What produces such a situation ? The answer is "imaginary expectations" or seeking to obtain benefits from others. It can be clearly seen that the other side of the coin of imaginary expectation is disappointment.

The Benevolent Path

An imaginary expectation of particular behavior or benefits from others induces one to interfere in others activities and lives. In the course of time, this becomes an oppression of others.

Conflict and hatred produced in the minds of closely related individuals form an imprint of curse. Such curses produced by the mental wave of these oppressed individuals will naturally cause illness, accidents and suffering to the perpetrators of the injustice. This will occur according to the law of nature.

From this explanation, it must be understood that one should avoid imaginary expectation, and therefore, desist from interference

in the lives of others, and not expect benefits for oneself.

Karma yoga is a benevolent path. Always be on the lookout for opportunities to help others to the great possible extent. This policy of avoiding imaginary expectations, and rendering help to others, will make one feel well-to-do all the time. One will experience no deficiency whatsoever in any aspect of life, and will achieve peace of mind, heartfelt love for others and satisfaction.

Asking the self these questions: who am I ? Where in life am I ? . How do I assess myself with respect to the following qualities :

- Age
- Physical health
- Strength
- Working skills
- Education
- Power
- Wealth and surrounding influences.

We must find out how can we best perform the five kinds of duties: to self, family, relatives, society, and the world community. How can I best help others?

We must Remember that according to the law of nature, we will receive the appropriate result in time, quality and quantity for whatever I have done and are doing now. Do not expect anything from anyone and our providence will not be jeopardized by others. We must have faith and confidence in ourselves. At the same time, in a spirit of duty-consciousness and service, constantly help others in every possible way, without any thought of quid pro quo. We must do everything from our own stock and derive satisfaction. We must not forget that truth exists and functions as Consciousness. In every person. When we render some help and make someone happy, we are indirectly worshipping and pleasing the Almighty in its living aspect of Consciousness. In addition, we must try to use fully our potential and efficiency, so we can expand our field of service.

CONCLUSION:

Earning a living is very important in life. We shouldn't neglect our job. If our income is on the high side, we must put a limit on our personal savings. After the limit is reached, we must divert the entire surplus towards helping others. When one earns one should be conscious. Bed bugs feed on the blood of others. That is others suffer so that they can live. But honey bees extract nectar from flowers and while doing so they also help

pollinate the plant world. Which is beneficial to human society. The nectar they collect and process into honey becomes food for them as well as for man. Man should conduct himself in a similar manner, being useful to others.

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